

Genetic and mechanism-based therapeutic approaches to treat human autoimmune diseases

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**NIHR Cambridge Biomedical Research Centre (renewed
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Cambridge Institute for Medical Research

University of Cambridge

Addenbrooke's Hospital



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T1DGC and WTCCC

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Cambridge Biomedical Research Centre**

Istituto di Neurogenetica
e Neurofarmacologia, Cagliari
Responsabile Scientifico
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National Institute of Health
National Institute on Aging,
Baltimore, USA
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Dott. David Schlessinger

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Provincia dell'Ogliastra



Comune di Lanusei



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In collaborazione e con il supporto di:

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Medici di Base dell'Ogliastra

Mons. Antioco Piseddu e la Diocesi
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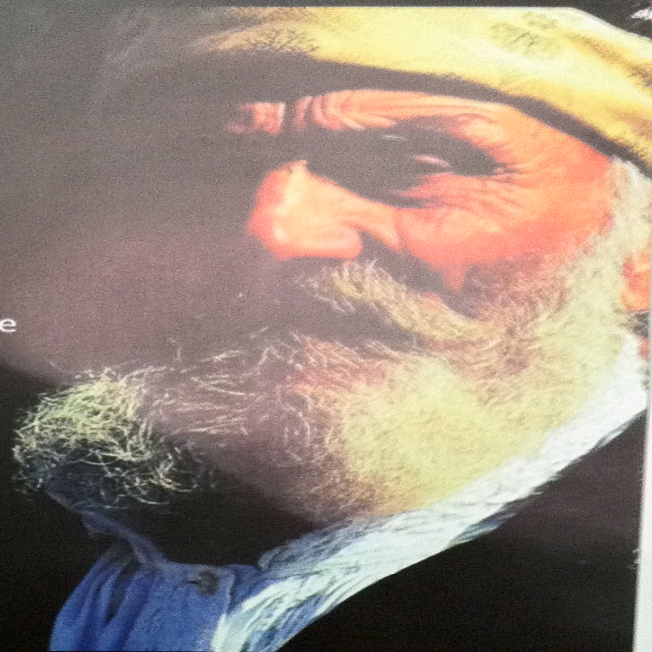
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Risultati e Prospettive

16 Maggio 2009, ore 9.30

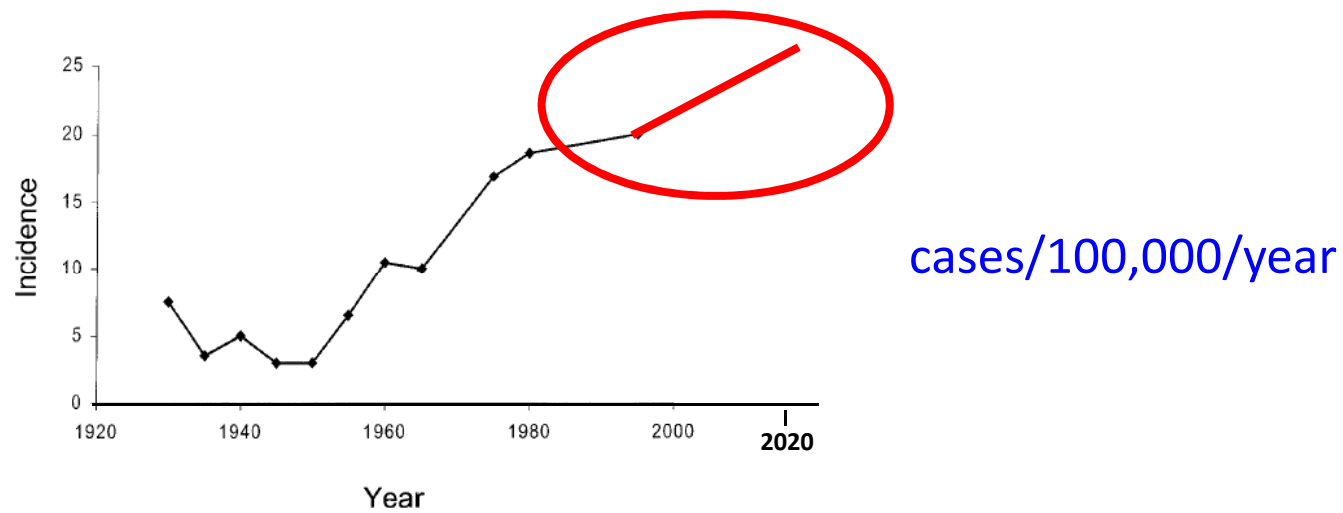
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T1D to double in under 5's by 2020

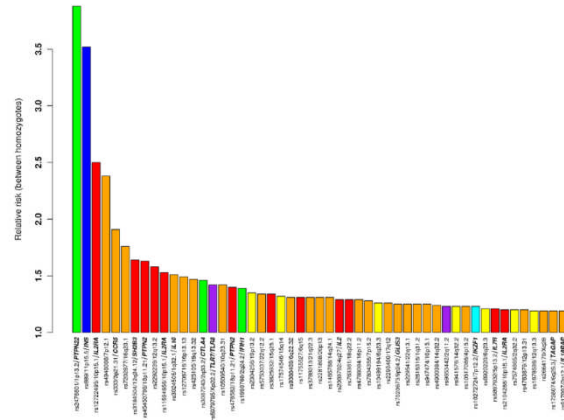


Patterson CC et al. *Lancet* 373:2027-33 (2009)

Genetic and mechanism-based therapeutic approaches to treat human autoimmune diseases

- **Natural history of type 1 diabetes**
- **Pathology of type 1 diabetes**
- **Genetics of susceptibility**
- **IL-2 pathway and Tregs**
- **IL-2: treatment and prevention of type 1 diabetes**

Over 50 regions of
the human genome
control diagnosis of
type 1 diabetes



www.t1dbase.org

Genes to biology & mechanism

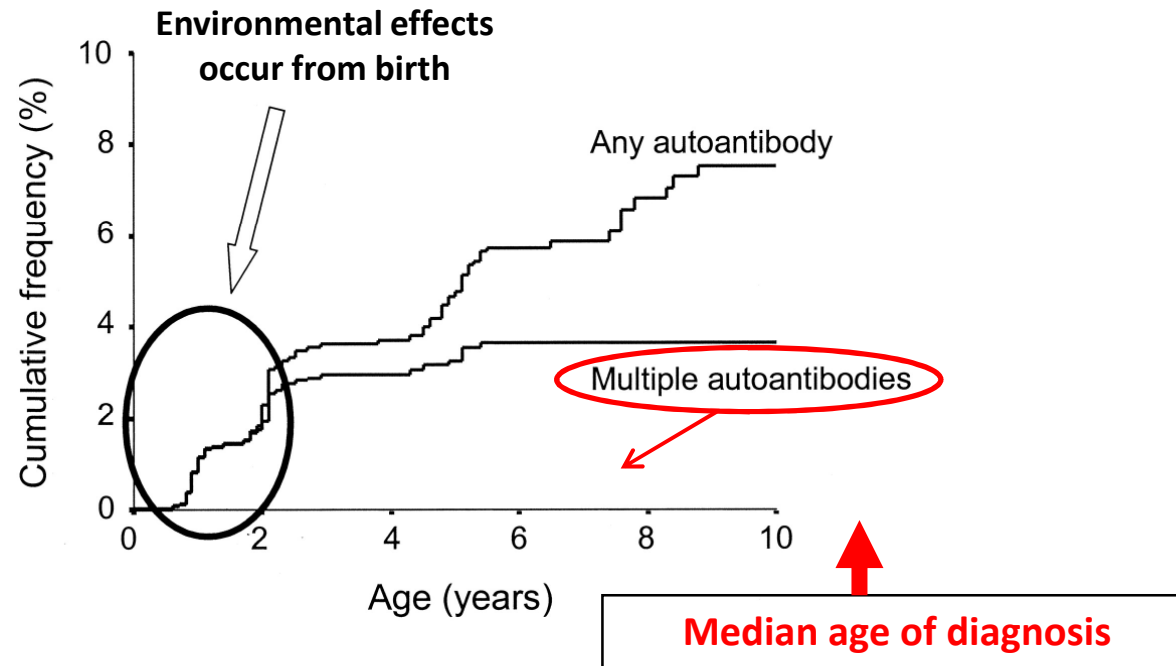


Four major predisposing pathways (so far):

- (1) Cytokine production and signalling
- (2) Decreased T cell signalling and activation
- (3) Increased type 1 interferon production and anti-viral responses
- (4) Antigen presentation and T cell repertoire formation

No evidence of gene polymorphisms specific for beta cell function!!

Type 1 diabetes-predictive autoantibodies: defective tolerance is a very early event



**Autoantibody production is dependent
on autoreactive T cells specific for islet antigens**

Screening in order to find the pre-diabetics that are optimal subjects for new treatments

- Population-based autoantibody screening
 - HLA risk taken into account
- Family history-based screening
 - Children of T1D parents
 - Siblings of diabetic patients
 - Cambridge, London, Bristol & Cardiff: **D-GAP**



Diabetes - Genes, Autoimmunity and Prevention

Cambridge BioResource



dedicated to finding a cure



Unaffected Siblings: Geographical placement

Approved Sites

Cambridge

Bury St Edmunds

Ipswich

Northampton

Oxford

Colchester

Brighton

Huntingdon

Year 3

Watford

Peterborough

Great Yarmouth

Portsmouth

Waiting Approval

Basildon

Southend

Chelmsford

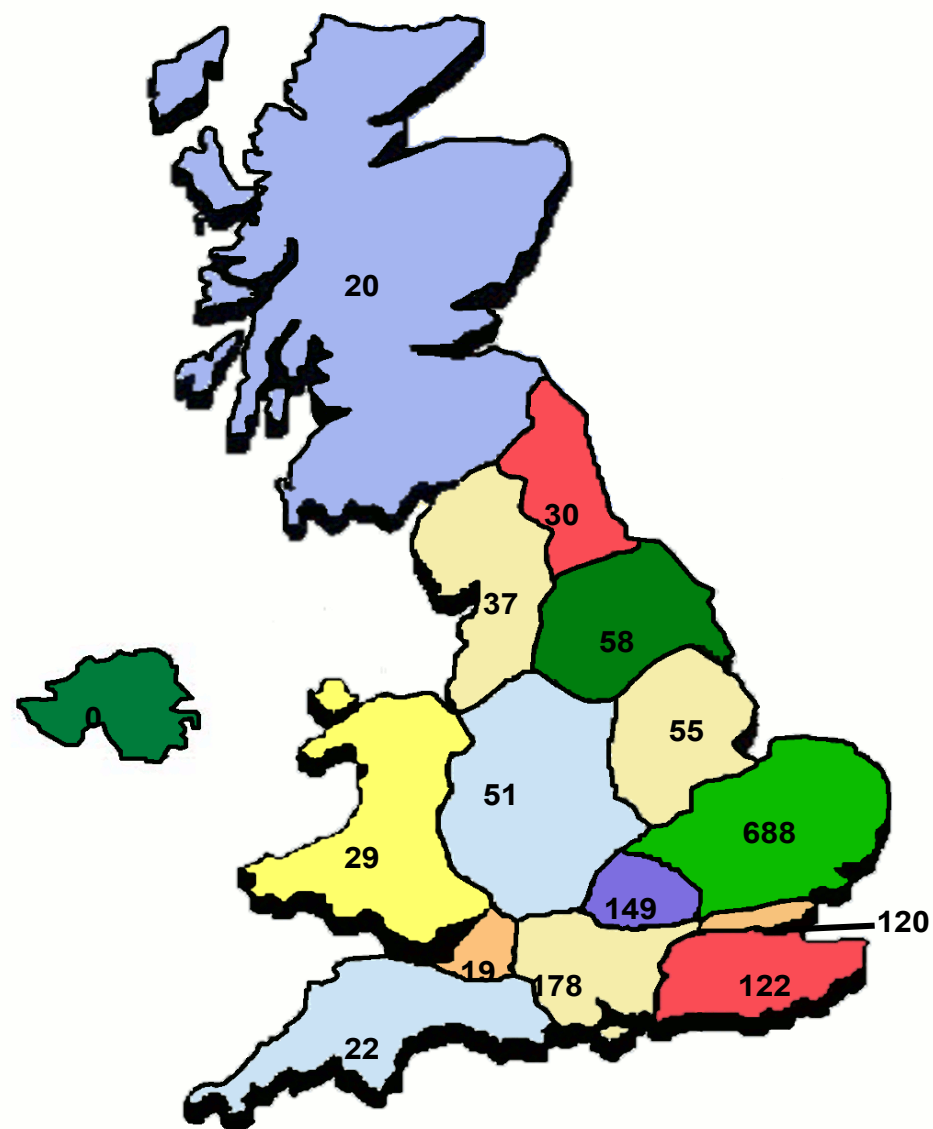
Stoke on Trent

Reading

Closed Sites

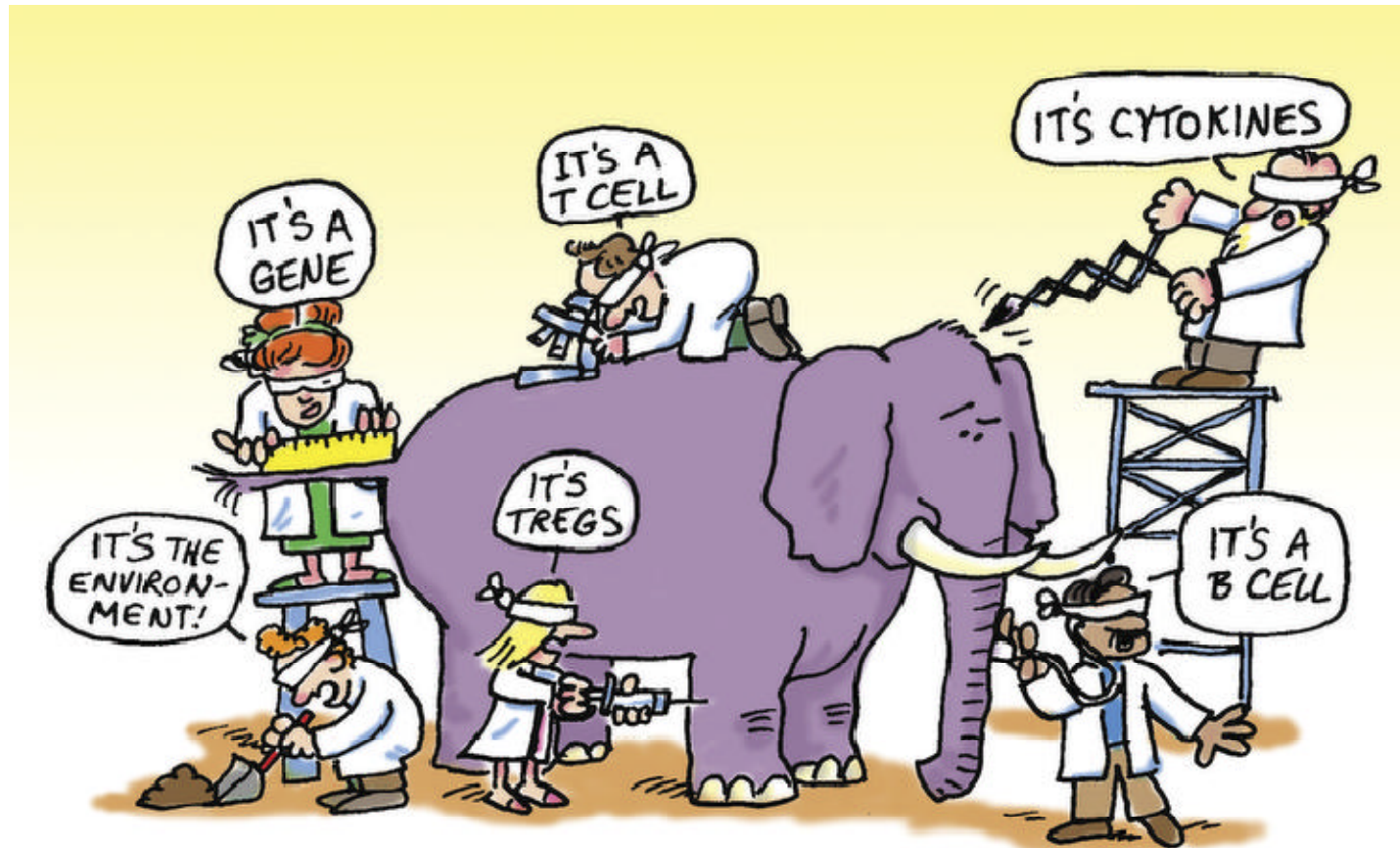
Stevenage/Welwyn

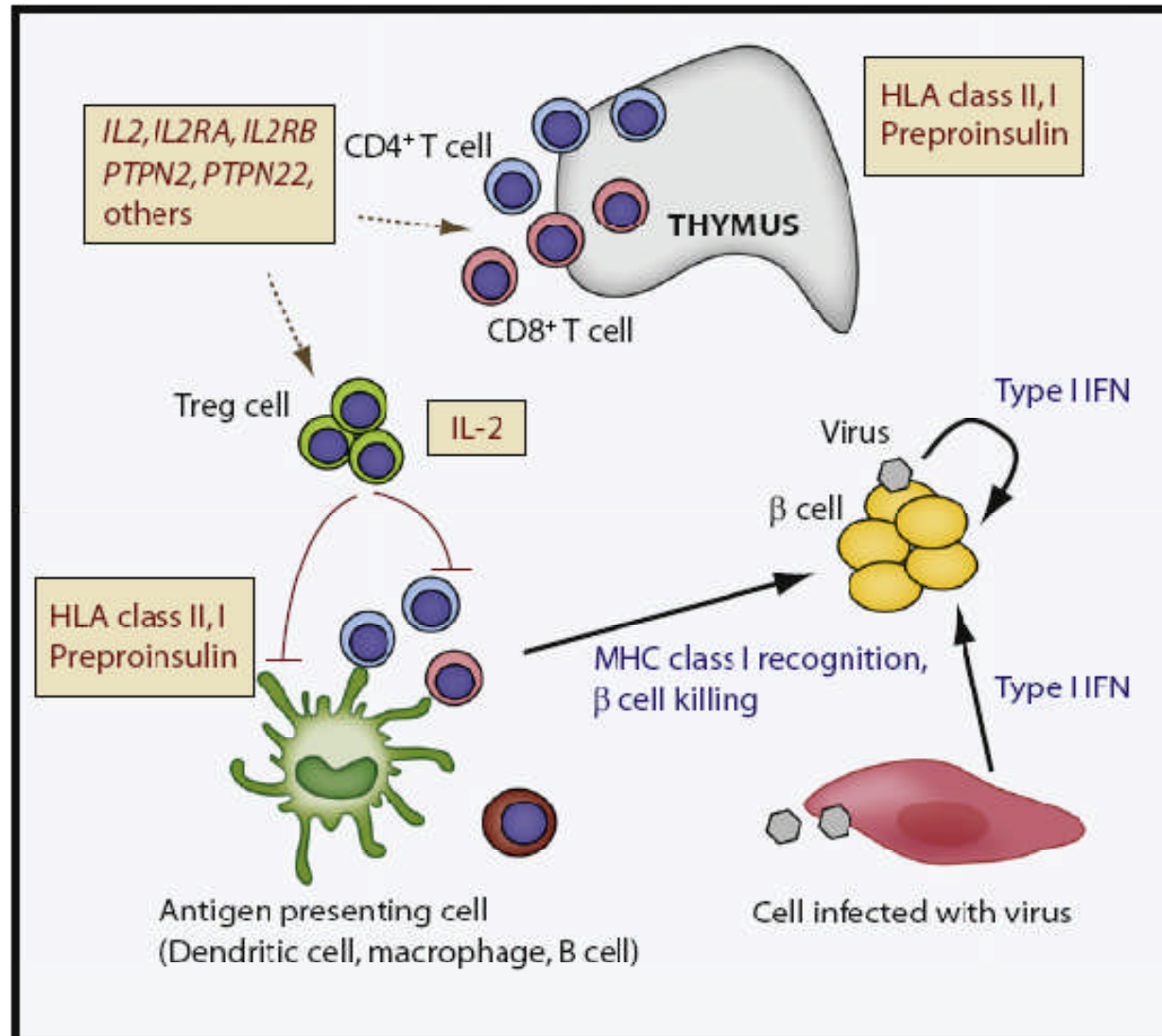
Luton & Dunstable



Unknown/Other 22

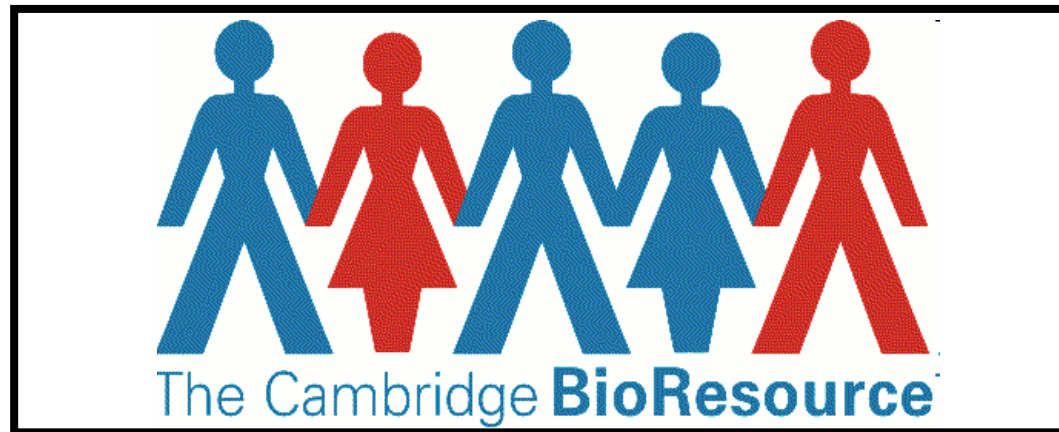
What causes Type 1 diabetes? A pathologist's view point





Genes to biology

The Cambridge BioResource: a resource of >9,000 local volunteers including T1D, SLE, RA, and MS patients willing to be invited to a wide range of medical research studies, **SELECTED** by genotype & **RECALLABLE**



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NHS

National Institute for
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Cambridge Biomedical Research Centre



NHS

Blood and Transplant



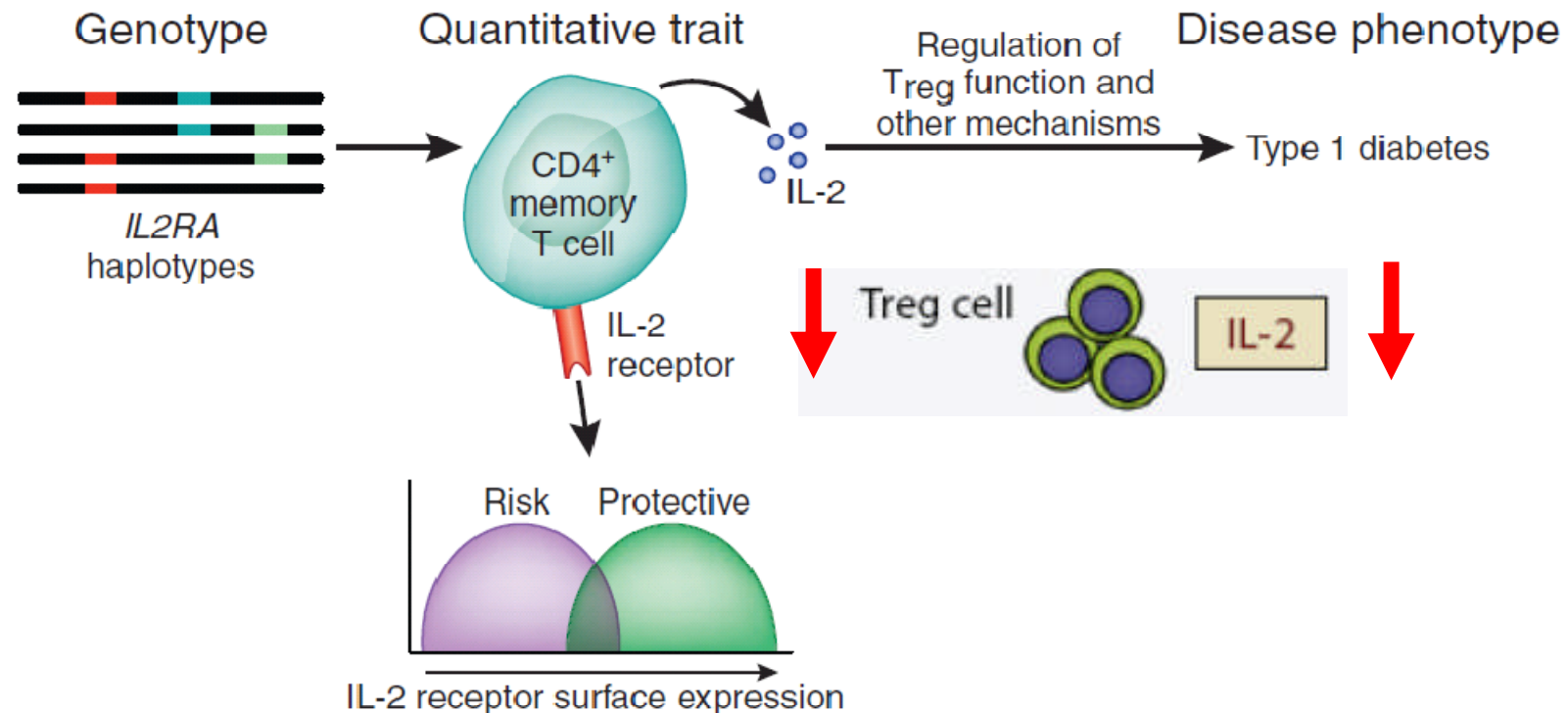
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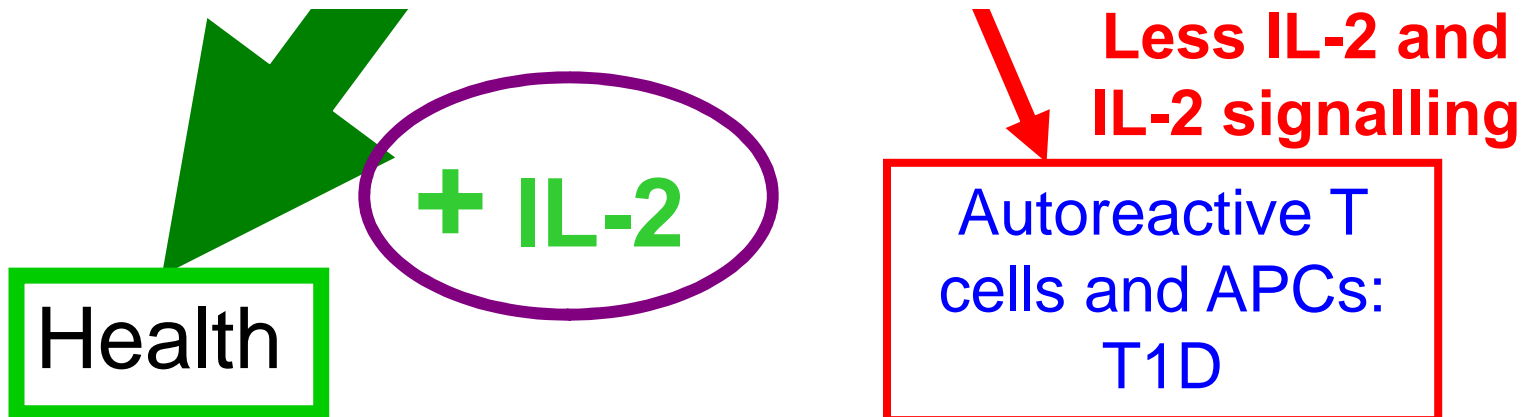
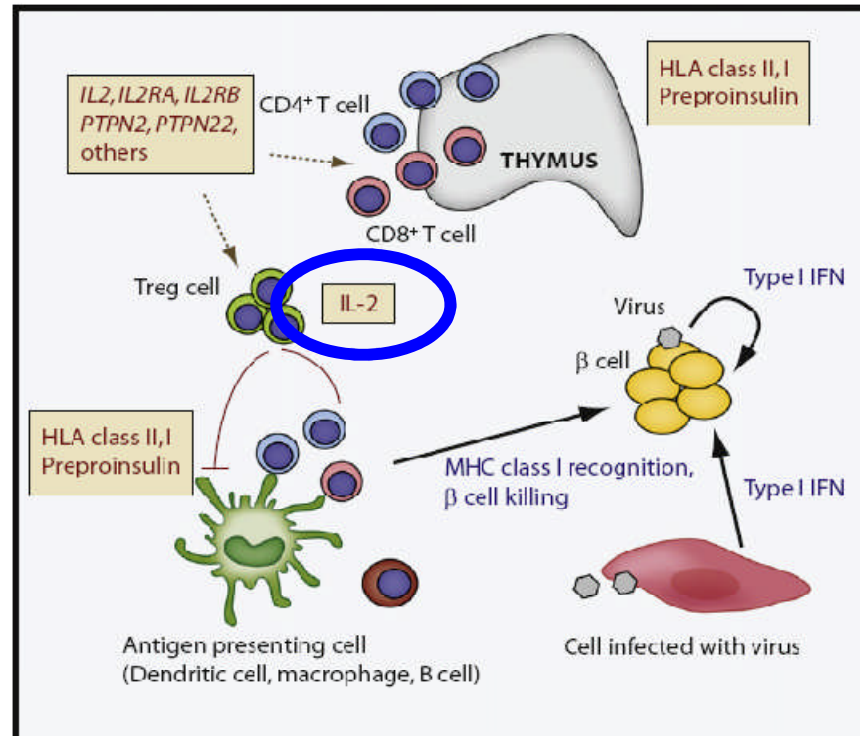
Juvenile
Diabetes
Research
Foundation
International
dedicated to finding a cure

The interleukin-2 pathway is a major aetiological pathway in **-human-** type 1 diabetes



Dendrou, Plagnol, Nutland, Todd, Wicker, et al. *Nature Genetics* 41:1011-1015 (2009)

Gregersen. News & Views. *Nature Genetics* 41:1011-1015 (2009)



Study 53 of 85 for search of: low dose interleukin 2

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[No Study Results Posted](#)

[Related Studies](#)

Dose-effect Relationship of Low-dose IL-2 in Type 1 Diabetes (DF-IL2)

This study is currently recruiting participants.

Verified on May 2011 by Assistance Publique - Hôpitaux de Paris

Primary Outcome Measures:

- Kinetic parameters of Treg proportions variation within CD4+ T cells in peripheral blood
 - [Time Frame: from Day+0 to Day+60]
 - [Designated as safety issue: No]

Secondary Outcome Measures:

- Improvement of residual secretion of insulin assessed by the AUC of peptide C during a standardized test meal in IL-2 vs placebo treated patients
 - [Time Frame: at Day+0 and Day+60]
 - [Designated as safety issue: No]
- Doses 3, 1 and 0.33 million units s.c. for 5 days

Future: David Klatzmann, Paris, applying for European funding (4 Oct, LOI) for a Phase 2 trial of low dose proleukin in 200 newly-diagnosed T1D: Linda Wicker and John Todd to participate and recruit to the trial and analyse samples

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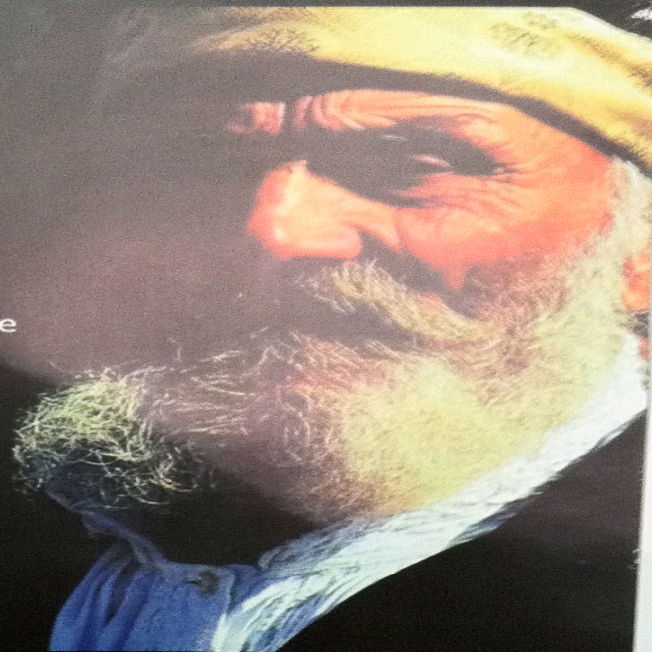
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